



HELPING FAMILIES FACING MEDICAL CHALLENGES DO MORE!

Pillowcase Instructions

We use the tube method also known as, the hot dog approach for these pillowcases. You can find many videos online showing you step-by-step instructions.

Supplies Needed:

- Colorful fabric in three colors (choose patterns that kids would enjoy)
- Main pillow case fabric – $\frac{3}{4}$ yard (27 inches)
- Cuff – 9 inch piece of fabric
- Piping piece – 2 inch piece of fabric



Instructions:

1. Once you have cut your material, fold and iron the cuff and piping piece in half lengthwise.
2. Lay your cuff piece right side up, and line up the main pillow case piece on top (also right side up). Make sure you line up the edges.
3. Lay the piping piece on top of the main pillow case piece. Make sure the opening is facing the top.
4. Grab the bottom of the main pillow case fabric and begin rolling it into a tube until you are about two inches from the top. You will see the cuff piece that was lying on the bottom.
5. Take the cuff piece and fold it over the rolled tube main piece until all the corners are aligned.
6. Pin these three layers together.
7. Sew a seam along that one edge.
8. You will now have a tube. Reach inside and begin pulling the body of the case out from the tube.
9. Sew the two remaining seams, while the pillowcase is folded over on itself with the wrong side facing out.
10. Turn your pillowcase right side out. You have a completed case!